



Medical Skin and Laser  
3/37 Elizabeth Street, Kalamunda 6076  
(08) 6293 1066

## **DYSPORE**

### **PRE TREATMENT INSTRUCTIONS**

- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Mobic®, Nurofen®, Naprosyn®, Celebrex®, Fish oil, Krill oil, Ginkgo Biloba, St. John's Wort and high doses of vitamin E for 7-10 days prior to procedure, as these may cause increased risk of bleeding and bruising at the treated site(s). Regular multivitamins and Tylenol® are permitted (If not contraindicated).
- Avoid alcoholic beverages for 24 hours prior to the procedure as this can increase the risk for bleeding and bruising at the treated site(s).
- Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the area(s) to be treated.
- Take Panadol® (if not contraindicated) 1 hour prior to your appointment to help with any discomfort you may have.
- If you have a history of Herpes Simplex (cold sores) on your face, please inform reception when scheduling your appointment. You will require an appointment one week prior to your treatment, so as to commence antiretrovirals prior to your relaxer. This medication is to prevent an outbreak.
- Sunburned skin is difficult to treat so avoid exposure to the sun.
- Eat a small meal or a snack before your appointment.
- Always inform your doctor of all medications, including supplements you may be taking as well as your medical history.

### **PRECAUTIONS**

You would not be considered a candidate for Botox® or Dysport® if you have any of the following:

- Myasthenia Gravis
- Allergy to Botulinum Toxin
- Neuromuscular disorder
- Pregnant or breastfeeding
- Allergic to human albumin



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## DYSPORT AFTERCARE

After-care is imperative for optimal results and minimisation of side effects.

You may apply makeup immediately following your treatment. Avoid facials and saunas the day of treatment.

- **Do not** get hot and sweaty eg. saunas, a long day at the beach, or exercise
- **Do not** rub the area of face treated and no beauty facials for the remainder of the day.
- **Do not** engage in **ANY** horizontal activity
- **Do not** put your face in a donut for a massage or other treatment.

The reason for this is that our experienced doctors inject the product into a particular muscle for a particular reason. If the product is pushed/rubbed/distributed to another surrounding muscle, it may cause a diminished effect on the targeted muscle, but worse, an unwanted side effect such as eyelid or eyebrow droop.

There can be a slight chance of bruising at the treated site, this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.

You can use your face muscles as much as you want, and we encourage you to do so. This enables the product to be taken up by the right muscles.

Please arrange an appointment 2 weeks post treatment so your doctor can access if you require any adjustments.

### **Disclaimer:**

*Post care is individual to everyone, so this should be used as a guide only. Should you experience any burning, stinging, excessive redness, pain, excessive dryness, any signs of infection, including new breakouts, please contact our clinic as soon as possible. Our medical team is here to help you at any point along the journey. We are invested in making sure that you obtain the best outcome.*

For more information please visit our website

<https://www.medicalskinandlaser.com/wrinkle-relaxers>